



# St Valentine's Parish Festival

## 5K Run & Walk

Saturday July 24, 2010 @ 6:00 p.m.

**Location** 1010 S. Nine Mile Rd. Kawkawlin MI 48631

**Directions** North of Bay City, take I-75, Beaver Rd exit 168, West 3 miles to S. Nine mile road. North on Nine mile to Parish approx. 3 miles. Race is at corner of Nine mile & Parish roads.

**Entry Fee** \$10 no shirt, \$15 with shirt (XXL \$2 extra) on or before July 10, 2010.  
\$12 no shirt, \$20 with shirt (XXL \$2 extra) after July 10, 2010.  
Shirts not guaranteed to anyone entering after July 10, 2010.

**Information** Kathy Bruzewski (989) 662-7717 or [covote4@charter.net](mailto:covote4@charter.net)  
Brandon Krause (989) 326-0237

**Mail to** Please make checks payable to Kathy Bruzewski  
Send to: 843 W. Beaver Rd., Auburn MI 48611

**Refreshments** Fruit, water, cookies at the finish.

**Race Day Registration** 5 p.m. St Valentine School Parking Lot.

<b>5K Run Age Groups</b>	<b>10-under</b>	<b>11-14</b>	<b>15-19</b>	<b>20-24</b>	<b>25-29</b>
	<b>30-34</b>	<b>35-39</b>	<b>40-44</b>	<b>45-49</b>	
	<b>50-54</b>	<b>55-59</b>	<b>60-64</b>	<b>65-69</b>	<b>70-over</b>

**Run Awards** 1<sup>st</sup> place over all & 1<sup>st</sup> Masters – male & female.  
Top 2 finishers in each age group.

**Walk Awards** Top 5 male & top 5 female overall.

5K Run \_\_\_\_\_ 5K Walk \_\_\_\_\_

Last Name \_\_\_\_\_ First \_\_\_\_\_ M.I. \_\_\_\_\_

Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on Race Day \_\_\_\_\_ Sex M\_\_\_\_ F\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Shirt Size Small\_\_\_\_ Med\_\_\_\_ Large\_\_\_\_ XL\_\_\_\_ XXL(add \$2)\_\_\_\_ NO SHIRT\_\_\_\_

**Waiver:** I know that running a road race is a potentially dangerous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks are being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release St Valentine Parish, St Valentine School, Beaver Township, Cities of Kawkawlin and Bay City, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I further agree that St Valentine Festival committee may use for publicity and/or purposes, without any obligation or liability to me, my name and any picture of my participation in this race.

Signature of participant (Parent signs if child is under 18) \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_