

# **Second Annual NO VETERAN LEFT BEHIND 5K Saturday, May 19, 2018**

9:00 AM – Race Begins  
8:00 AM – Registration

Judge James H. Lincoln  
Memorial Park, 1 Trescott St,  
Harbor Beach, MI 48441

Hosted by:

Chapter 811 ~ Harbor Beach, MI

**Woman's Life**<sup>®</sup>  
connection. community. cause.

Woman's Life Insurance Society® A Fraternal Benefit Society



## **Proceeds will help homeless veterans!**

**REGISTRATION:**      **Before May 1<sup>th</sup>:** Cost is \$30 for adults; \$10 ages 5-18; and free for ages 4 & under. *T-Shirts will only be guaranteed if registered before May 8<sup>th</sup>.*  
**After May 1<sup>th</sup>:** Cost is \$35 for adults; \$15 age 4-18; and free for ages 4 & under.

**COURSE:**              Harbor Beach Bike Path Course - Beginning at the beach going to breakwall and back to beach. Race is timed by Miller Race Management.

**Please make checks payable to: Woman's Life Chapter 811**

Mail checks and entry forms to:  
Debbie Brandow  
705 N. Huron Ave.  
Harbor Beach, MI 48441

**All proceeds will be split between Harbor Beach American Legion and VFW posts to be used to help homeless veterans.**

Questions? Call/text Debbie at 989.670.8639 or email [debbie\\_brandow@comcast.net](mailto:debbie_brandow@comcast.net)

# Second Annual **NO VETERAN LEFT BEHIND 5K** SATURDAY, May 19, 2018

**LOCATION:** Judge James H. Lincoln Memorial Park  
1 Trescott Street, Harbor Beach, MI 48441

**TIME:** Registration begins at 8:00 am; Race begins at 9:00 am.

**COURSE:** Harbor Beach Bike Path—Beginning at the beach going to the Breakwall and back to beach.

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*T-Shirts will only be guaranteed if registered by May 1<sup>st</sup>.*  
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Return lower portion with payment

Please Check:  Donation only  5k walk/run  Male  Female

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

Shirt Size: *Adult:* S M L XL 2XL *Youth:* XS S M L XL

**Participant Release and Indemnification:**

The No Veteran Left Behind 5k Walk/Run involves walking/running- an activity which may include risks such as, but not limited to, falls, intentions with out other participants, effects of weather, traffic and conditioning of the road. In consideration of being allowed to participate in this event, I hereby expressly assume all risks, including personal injury and death, arising in any way of my participation in the 5k activities.

It is my responsibility to dress appropriately. Although rest stops, refreshments, and other assistance may be available during the event, I am solely responsible for my own health and safety. I represent and warrant that I am physically fit and able to participate in this event and I agree to stop and request assistance if I experience any symptoms such as, but not limited to, dizziness, excessive fatigue, shortness of breath, pain, or any other conditions which would make it difficult or unsafe to continue.

I agree, for myself and heirs, executors and administrators, not to sue and to release indemnify and hold harmless any and all volunteers and sponsors from any and all liability, claims, demands, and causes of action whatsoever, arising out of my participation in this event and related activities - whether it results from the negligence of any of the above or from any other cause.

This release and indemnification agreement shall be as broad and inclusive as is permitted by the State or Province in which this event is conducted. If any portion of it is held invalid, the balance shall continue in full force and effect.

I have read, understand and agree to the terms of this agreement.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent or Guardian if under age 18